Our region is facing tough challenges.

Despite that, considering the future is as important as ever for the region's vitality.

The New York Metropolitan Transportation Council (NYMTC) is working on the next Regional Transportation Plan for the diverse region of New York City, Lower Hudson Valley, and Long Island. Let's work together to explore and plan for the future of transportation in the region.

There are many opportunities to participate. Please join us to help keep our region Moving Forward.

## How to Get Involved

1. **Attend a virtual workshop**
   - See dates to the right.
   - Can't attend? No problem! Workshops will be recorded and posted on our website.

2. **Participate online**
   - Visit the project website to access our community engagement platform and participate in the interactive exercises there.

3. **Share your comments**
   - Do you have questions, comments or ideas? Submit them at the project website or call us at 212-383-7203.

4. **Follow us on social media**
   - See project videos, posts, and information.

   ![Social Media Icons]

   [www.nymtc.org/Planmovingforward](http://www.nymtc.org/Planmovingforward)

## Join the virtual workshop that best fits your schedule:

We will host an identical afternoon and evening session for each of NYMTC's regions.

### Lower Hudson Valley - Tuesday, July 14, 2020

- **Session 1** - 12:00 pm to 1:30 pm
  - Register at [LHVsession1.eventbrite.com](https://LHVsession1.eventbrite.com)
- **Session 2** - 3:00 pm to 4:30 pm
  - Register at [LHVsession2.eventbrite.com](https://LHVsession2.eventbrite.com)

### New York City - Tuesday, July 21, 2020

- **Session 1** - 12:00 pm to 1:30 pm
  - Register at [NYCsession1.eventbrite.com](https://NYCsession1.eventbrite.com)
- **Session 2** - 3:00 pm to 4:30 pm
  - Register at [NYCsession2.eventbrite.com](https://NYCsession2.eventbrite.com)

### Long Island - Wednesday, July 22, 2020

- **Session 1** - 12:00 pm to 1:30 pm
  - Register at [LIsession1.eventbrite.com](https://LIsession1.eventbrite.com)
- **Session 2** - 3:00 pm to 4:30 pm
  - Register at [LIsession2.eventbrite.com](https://LIsession2.eventbrite.com)

### Region-wide - Tuesday, July 14, 2020

- **7:00 pm to 8:30 pm**
  - Register at [Regionsession1.eventbrite.com](https://Regionsession1.eventbrite.com)

Each workshop will have a presentation and interactive question sessions. It is suggested that participants join by desktop or laptop computer.

Meeting materials will be available upon request for those without computer access; please phone 212-383-7203 for assistance.